



EDUCATION AUTHORITY – NORTH EASTERN REGION MEAL PLAN SCHOOL MEALS KITCHEN (No Choice Menu)

	Week 1	Week 2	Week 3	Week 4
Monday	Chicken Bake (crunchy stuffing topping) mashed potatoes, broccoli & gravy. & Banana Muffin & custard	Chicken Bites, Chips or Mashed Potatoes & Beans. & Orange Wedges & Toffee Yogurt.	Chicken Curry, Naan Bread, Sweetcorn and Rice. & Peach Muffin & Custard.	Chicken Curry, Naan Bread, Sweetcorn and Rice. & Popcorn Cookies and Jelly Tub (sugar free)
Tuesday	Chicken Curry, Rice, Naan Bread and Sweetcorn. & Chocolate flavoured cookie Angle Delight	Chicken Curry, Rice, Naan Bread and Sweetcorn. & Chocolate Brownies & Custard.	Sausage, Beans, Chips or Potatoes. & Fruit & Toffee Yogurt.	Chicken Bites, Beans, Chips or Potatoes. & Fruit & Yogurt.
Wednesday	Pasta Bolognese, Tossed Salad and Crusty Bread. & Flapjack & custard.	Buffet: Pizza fingers, Mini Burgers, Coddies, Vegetable sticks (Cucumber & carrots) & coleslaw. & Ice Cream Sliders & Fruit.	Pasta Bolognese, Cheese and Crusty Bread. & Chocolate Cookie & Angel Delight	Irish Stew & Crusty Bread & Chocolate Flavoured Brownies & Custard.
Thursday	Hotdog, Coleslaw, Chips or Potatoes. & Fruit & Toffee yogurt.	Breaded Fish or Fish fingers, Peas and Mashed Potatoes. & Popcorn cookie and Custard	Vegetable Soup & Beef Burger. & Chocolate flavoured sponge and Custard.	Buffet: Pizza, Mini Burgers, Pizza Fingers, Coddies, Vegetable Sticks & Pasta Salad. & Sponge & custard.
Friday	Chicken, Carrots, Peas, Mashed and Roast Potatoes, Stuffing and Gravy. Vanilla Ice Cream Tub & Fruit.	Roast Pork, Carrots, Broccoli, Mashed Potatoes, Stuffing and Gravy Frozen Chocolate Mousse and Fruit.	Roast Pork, Carrots, Turnip, Mashed and Roast Potatoes, Stuffing and Gravy. Vanilla Ice Cream Tub & Fruit.	Chicken, Carrots, Broccoli, Mashed and Roast Potatoes, Stuffing and Gravy. Frozen Raspberry Ripple Mousse & Fruit.

NB: Milk, water and fresh fruit served alongside every set meal. For further information on allergenic ingredients please contact the school.

Menu may change subject to deliveries.

This menu starts on Monday 25th September 2017 – Week 1